

Colorado Legal Services



Legal help for low-income Coloradans seeking assistance with civil legal needs

www.coloradolegalservices.org

Protection (Restraining) Orders in Colorado

Colorado Legal Services, Colorado Springs office staff and TESSA partnered to help you learn about protection (also called restraining) orders.

I. Introduction and What if the Person Restrained Violates the Protection Order? [Click here to watch the video.](#)

II. PPOs and Safety Planning. [Click here to watch the video.](#)

III. Steps to Asking the Court for a PPO. [Click here to watch the video.](#) **Video tip!** Did you know exhibits and evidence is the same thing? We talk about both in the video, so don't be confused!

IV. Forms You'll Need to File with the Court. [Click here to watch the video.](#) **Video tips!** A Complaint is filed by the Plaintiff, the person who starts the case. A Motion is when you ask the court to change something the court has already decided. Joint children are the children of the two parties involved in the court case.

V. Evidence: What is it? [Click here to watch the video.](#)

VI. What Happens at the Hearing and How Do I Prepare? [Click here to watch the video.](#)

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